Pyeloplasty
postprocedure instructions

What is it?

Pyeloplasty is a surgery to cut out the blockage at the ureteropelvic junction (where the kidney meets the tube that cares urine to the bladder) and then reattaches your ureter to your kidney.

After surgery, what should I expect?

When you awake from the surgery you may have a catheter in place that will stay as long as the doctor feels it is necessary. You will also find that your wound is closed with sutures and covered with a dressing. The sutures will dissolve on their own, and they do not need to be removed. Pink-red tinted urine is not unusual.

- Abdominal distention, constipation or bloating: Take a Colace OTC. If you have no movement after 24 hours it is fine to use a Ducolax suppository. Do not strain during your bowel movement.
- Expect some bleeding, spotting and mild drainage from the site of your incision. This will diminish over the week.
- It is not uncommon for urine to be pink-red following surgery.

Diet and activity after surgery

- As you are able to tolerate it, you may return to a regular diet. Avoid beverages or foods that irritate the bladder (alcohol, coffee, soda and tea). Increase water intake.
- You will be asked to walk soon after surgery to return circulation, breathing and bowel function back to normal. This is very important in preventing the occurrence of blood clots.
- Walk at least three times a day, gradually increasing your distance.
- Avoid heavy lifting, no more than 15 pounds for four weeks (one week for implant).
- You may shower 48 hours after surgery. Be sure to rinse the incision site carefully and pat dry. Avoid soaking in water of any kind (bathtub, hot tub, lake, swimming pool, etc.) until the incision site is completely healed.

If you experience any of the following, please contact our office:

- Your incision becomes increasingly red, swollen or hot to touch.
- Fever over 100.4° F, pain, nausea or vomiting.
- Difficulty passing urine or increasing presence of blood clots in urine.
- Large amounts of drainage from incision site or opening in the site.

Please call our office at 503-561-7100 with questions. Office hours are 8 a.m. to 5 p.m. In the event of an emergency, call 911.

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