

Trauma and General Surgery

presurgical instructions

Surgery date: _____

Aspirin: Continue taking aspirin or aspirin-based medications unless your doctor says otherwise or stop taking as directed by surgeon.

Blood thinning medications:

- **Plavix/Clopidogrel:** Stop taking _____ days before surgery.
- **Xarelto/Rivaroxaban:** Stop taking _____ days before surgery.
- **Eliquis/Apixaban:** Stop taking _____ days before surgery.
- **Brilinta/Ticagrelor:** Stop taking _____ days before surgery.
- **Pradaxa/Dabigatran:** Stop taking _____ days before surgery.
- **Coumadin/Warfarin:** Stop taking _____ days before surgery.

If you need bridging, the anticoagulation clinic will contact you.

Diabetes medications:

- **GLP-1 medications** (usually end in “-glutide”):
 - Daily doses: Stop on the day before surgery.
 - Hold injectable or weekly dosing 7 days before surgery.
- **Medications with “glifozin”:** Stop 3 days before surgery.
- **Other oral diabetes medications:** Stop on the morning of surgery.

Immunosuppressants:

- **Medications ending in “-mab”:** Discuss with your provider.
- **Methotrexate:** Discuss with your provider.
- **Prednisone:** Discuss with your provider.
- **Transplant/HIV medications:** Never skip a dose.

Narcotics:

- **Minimize** pain medications before surgery.
- **Do not take narcotics within 24 hours of surgery.**
- **Cannabis/marijuana:** Avoid inhaled or oral products (especially THC). Topical use is okay.

Other medications:

- Medication name: _____ Last dose: _____
- Medication name: _____ Last dose: _____
- Medication name: _____ Last dose: _____

Important reminders:

- **Do not shave** the surgical site.
- **Do not take any medications** on the morning of surgery unless instructed by anesthesia.
- **Do not eat or drink anything after midnight** the night before surgery.

Salem Hospital will contact you with any additional instructions.