Cereals

## Oatmeal

Cream of wheat
Cream of rice
Cheerios
Rice Chex

Breads
Toast
English muffin
Banana bread Muffin
Bagel

## Entrées

Breakfast burrito
French toast
Biscuit and gravy
Egg \& cheese breakfast sandwich

Sides
Sausage links
Bacon slices
Hash browns
Scrambled eggs
Banana
Peaches
Pears
Yogurt
Cottage cheese

Beverages
Orange juice Apple juice
Cranberry juice
Milk
Chocolate milk Soy or almond milk Hot chocolate

Water
Lemon lime
Cola
Root beer



Soups
Chicken noodle Garden vegetable

Sandwiches cold or grilled Grilled cheese
Peanut butter \& jelly
Build-your-own:
Breads wheat, white, sourdough, flat bread
Meats turkey or roast beef Spreads tuna or chicken
Cheese cheddar, swiss, or cream cheese


## LUNCH \& DINNER

Desserts
Cookie
Pudding
Ice cream
Rainbow sherbet
Popsicle
Gelatin
Custard
Cheesecake

Entrées
Hamburger
Veggie burger Chicken sandwich

Meatloaf
Macaroni \& cheese Burrito or quesadilla

Tacos
Chicken nuggets
Chicken Caesar salad

Additional Sides
Side Salad
Baked potato chips
Mashed potatoes
Tater tots
Veggie plate
Carrots
Green beans
Seasonal fruit cup
Apple slices
String cheese
Dinner roll
Hard boiled egg
Refried beans

