

Grief: Healing After Loss

If you are struggling with grief and need support moving forward, consider joining this support based class at the Salem Hospital. In this six week series, an experienced and skilled facilitator will help you navigate the inner workings of grief and the attachment challenges that come along side.

Limit for each class is 10 people. This intimate setting is a safe place to share and to start the healing process of grief's complicated journey. You are not alone.

Call the CHEC at 503-814-2432 or go to salemhealth.org/ CHEC to find out more info on when the next series starts and to reserve your seat.



Facilitator: Rev. Terry L. Motte, CT, BCPC

- Former Hospice Bereavement Counselor
- Certified Thanatologist

Rev. Motte has 10 years of clinical experience in the health care field and as a hospice counselor. He has seen success in helping people navigate through the complications of grief with the tools offered in this class.

6 week series Cost: FREE

Salem Hospital, Building D, 1st floor, Support Group Room 939 Oak St SE, Salem, OR 97301

