



# Do Not Resuscitate (DNR) – Honoring Patient Wishes



Nancy Dunn, MS, RN; Ann Alway, MS, RN, CNS, CNRN; Jessica Reese, BSN, RN, CMSRN; Amie Wittenberg MSN, RN; Harriett Martin, AA, RN; Rebeca Cowin, RN; James Crawford, BI Data Analyst II; Noel Caddy, IS Analyst II; Amy Ursprung BSN, RN, NE-BC.

**Problem:** Unnecessary treatment of a DNR patient upset both the patient and family, and compromised the organization in supporting patient safety and dignity.

**What Should Be Happening:** No patient who chooses to be DNR should be resuscitated. DNR wristbands should be applied on the patient within 4 hours of physician order 100% of the time.



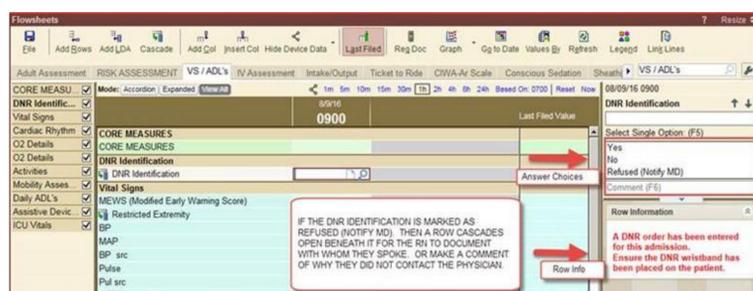
**What is Actually Happening:** 1-2 times a year, a DNR patient is wrongly resuscitated or experiences some form of life sustaining measure. DNR wristbands are being placed 33% of the time in critical care units and 56% of the time in medical surgical units.

**Root Cause:** Failure to adhere to the policy standard to place the wristband within 4-hours or order.

**Hypothesis:** If we design a method to assure the DNR wristband has been placed per MD order, we will never have a DNR patient resuscitated unnecessarily.

**Countermeasures:** The first 5 countermeasures failed forward. Countermeasure #6 closed the gap.

**#1: Epic Flowsheet row:** to capture documentation of the band placement.



**#2: Best practice alert (BPA):** fires at 4-hours post DNR order if documentation missing; continues to fire every time the chart is opened until documentation is verified.



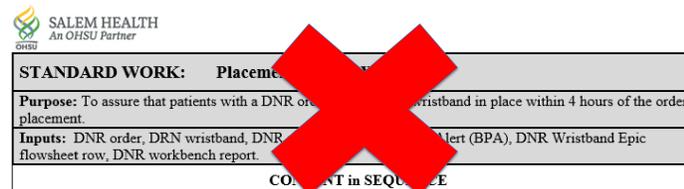
**#3 Epic workbench report** pushed to the unit charge nurses at 4pm and 4am.



**#4 Data Reports:** A red/green weekly report (hoping to instill a sense of competition) sent to unit managers weekly.

	*All numbers in this section represented in percentages*						Data Total				
	Period Change		3/16 - 3/22		3/9 - 3/15		Orders	Passed	Failed	Recorded	Not Recorded
3W	10.00	30.00	50.00	50.00	60.00	60.00	2	1	1	1	1
4N IP Rehab	50.00	50.00	50.00	50.00	100.00	100.00	2	1	1	1	1
5N	41.43	47.14	50.00	50.00	50.00	50.00	7	2	5	3	4
5S	N/A	N/A	100.00	100.00	100.00	100.00	-	-	-	-	-
6N	20.00	20.00	100.00	100.00	80.00	80.00	4	4	0	4	0
6S	N/A	N/A	100.00	100.00	100.00	100.00	-	-	-	-	-
CVCU	40.00	0.00	100.00	100.00	100.00	100.00	1	1	0	1	0
DS	32.73	10.91	100.00	100.00	100.00	100.00	11	8	3	10	1
ICU	-6.67	-8.89	66.67	66.67	66.67	66.67	10	6	4	8	2
IMCU	-2.78	-13.89	75.00	75.00	77.78	77.78	4	3	1	3	1
NTCU	-20.83	-9.72	66.67	77.78	87.50	87.50	9	6	3	7	2
OVERALL	-0.79	-11.32	64.00%	76.00%	64.79%	87.32%	50	32	18	38	12

**#5 Standard Work:** to assure RNs and Charge nurses adhered to the countermeasures.



**#6 The Joint Commission Tracer Audit:** done monthly in each unit. This audit requires a visual assessment of the patient to assure the DNR wristband is placed on the patient's wrist.



**Outcome Results:** 99% adherence with DNR orders since implementation of countermeasure #6.

Tracers: DNR Arm Band Audit

Department Summary	Building	Department	Tracers in Dept	Observations Completed	Not App Total	Num Total	Den Total	Compliant	Non-compliant
Salem Health	Building B	3 West	1	4	0	11	11	100.0%	
Salem Health	Building B	4 South	1	3	0	24	24	100.0%	
Salem Health	Building B	5 NW	1	5	0	43	43	100.0%	
Salem Health	Building B	5 S	1	3	0	10	10	100.0%	
Salem Health	Building B	6 S	1	3	0	7	7	100.0%	
Salem Health	Building A	CVCU	1	3	0	5	5	100.0%	
Salem Health	Building A	ICU	1	4	0	92	93	99.9%	
Salem Health	Building A	IMCU	1	3	0	15	15	100.0%	
Salem Health	Building A	NTCU	1	6	0	39	40	97.5%	
<b>Totals</b>				<b>34</b>	<b>0</b>	<b>246</b>	<b>248</b>	<b>99.2%</b>	

As a result of this NEW countermeasure, countermeasures 2, 3, 4 and 5 have been eliminated, reducing waste in the process.

### Key Learnings:

- It takes many plan-do-check-adjust (PDCA) cycles to close and sustain a gap.
- Failing forward does not close the gap but does contribute to learning.
- Following your data over time is crucial.

### Success Factors:

- Collaboration of teams: Nursing Case Peer Review, Patient Safety, Practice Council, Patient Advocacy, Clinical Excellence, IS/Epic staff, BI staff, management staff, accreditation.
- Nursing Case Peer Review Committee making this problem solving for patient safety a priority for the organization and allocating adequate resources.

### Next steps:

Sharing the success with a Magnet Exemplar.

For more information contact

[Jessica.Reese@SalemHealth.org](mailto:Jessica.Reese@SalemHealth.org)

[Nancy.Dunn@SalemHealth.org](mailto:Nancy.Dunn@SalemHealth.org)

[Ann.Alway@SalemHealth.org](mailto:Ann.Alway@SalemHealth.org)

[Amie.Wittenberg@SalemHealth.org](mailto:Amie.Wittenberg@SalemHealth.org)