

Steps to Complete Before Surgery:

- Attend Information Session. Date attended: _____
- Call your insurance company about Bariatric surgery coverage. Use the yellow Insurance coverage worksheet enclosed in the packet.
- If you smoke, “vape” or consume any tobacco or marijuana products, you must be free of those products for at least 6 weeks before bringing in your packet. We reserve the right to drug test anyone.
- Complete & submit the following forms:
 - Bariatric Surgery Center Patient Questionnaire
 - Bariatric Surgery Center Information Session Review
 - Authorization for Use or Disclosure of Protected Health Information (*Complete one for each healthcare provider, e.g., primary care, gynecologist, etc. that you have seen in the past year*)
 - Insurance Coverage Worksheet
 - Drop off your completed Patient Questionnaire, Information Session Review and Authorization forms to our office **Monday – Thursday** between 8:30 am and 4:00 pm. We are located on the 5th floor of Building C, Suite 5040. We will measure your height and weight at that time.
- Clinic Packet review.
- Submit a negative urine drug screen.
- Surgeon evaluation scheduled. Date: _____
- Attend two support group meetings. Date: _____ Date: _____
- Complete the following consultations or assessment:

Physical Therapy Evaluation	Date: _____	Psychology Evaluation	Date: _____
Nutrition Evaluation	Date: _____	Psychology computer test	Date: _____
- Complete lab work and imaging studies
- Watch Emmi™ (patient education program). This will be sent to your email address
- 5% weight loss = _____ lbs., and will be clarified at your evaluation with your surgeon
- Attend Pre-operative Nutrition Group
- Complete annual screening tests as needed, such as mammography, Pap, colonoscopy
- Complete clearances from other healthcare providers as required by your bariatric surgeon (e.g. cardiac)
- Attend Pre-operative class with dietitian and nurse
- Attend Pre-operative appointment with surgeon and nurse
- Surgery date