



# Salem Health Laboratories

*A part of Salem Health*

[salemhealth.org/lab/md\\_spec\\_pt.php](http://salemhealth.org/lab/md_spec_pt.php)

## Collecting Semen Analysis and Sperm Check Samples

**Note:** Unless otherwise specified by your physician, you need to abstain from ejaculation for 2-7 days prior to collection and avoid the use of lubricants.

### Complete Semen Analysis:

1. Collect specimen directly into the specially provided clean and dry plastic container. Do not collect specimen in a condom (unless a “fertility condom” supplied by a physician) because condoms may contain additives that can affect the analysis.
2. Keep the specimen close to body temperature during transportation.
3. The specimen must be received at the laboratory within 1/2 hour of collection.

### Post-Vasectomy Sperm Check:

1. Collect specimen directly into the specially provided clean and dry plastic container. Condom collected specimens are acceptable.
2. Transport specimen to the laboratory for analysis as soon as possible.

(over)

**PLEASE PROVIDE THE FOLLOWING REQUIRED INFORMATION WHEN SUBMITTING YOUR SAMPLE**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

[PARTN]: Partner's Name: \_\_\_\_\_

Time collected: \_\_\_\_\_ Time received in lab: \_\_\_\_\_

[SXDT] Last date of sexual intercourse / ejaculation (estimate if necessary) \_\_\_\_\_

**PLEASE CIRCLE YOUR ANSWER**

[VASP] Have you had a vasectomy? Yes No

[VASR] Have you had a vasectomy reversed? Yes No

[SPCN] Was specimen collected in: Glass (GLASS) Plastic (PLAST) Condom (CONDM)

Fertility condom (supplied by the doctor) (FCOND) Other container: \_\_\_\_\_

[SPCOL] Method of collection: Masturbation (MAST) Post-coital (after sex) (POSTC) Withdrawal (during sex) (WITHD)

[SPTRN] Transportation of specimen: Was the specimen kept at body temperature? Yes No

[SPSUB] Is this the entire specimen? Yes No

Were there any spills or leaks during collection or transport? Yes No

*All information provided is confidential and is provided only to your physician to aid him/her in evaluating your results.*

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