

# Salem Health

## Outpatient Nutrition Education Referral Form



SALEM HEALTH  
An OHSU Partner

**PLEASE NOTE:** This form is for Medical Nutrition Therapy (MNT) only. For accredited diabetes education with class options and for the gestational diabetes Sweet Moms program use the Salem Health Diabetes Education Referral form.

### PATIENT INFORMATION

APPOINTMENT AT:  SALEM HEALTH  SALEM HEALTH WEST VALLEY

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Language: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### PHYSICIAN ADMISSION DATA

Referring Provider: \_\_\_\_\_ Date of Referral: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_

### INSURANCE DATA

Insurance Company: \_\_\_\_\_ Subscriber Name: \_\_\_\_\_

Is insurance authorization require:  yes  no

Authorization #: \_\_\_\_\_ Approved for date rate of: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_ Subscriber's Phone Number: \_\_\_\_\_

### DIAGNOSIS/REASON FOR MEDICAL NUTRITION THERAPY: CHECK ALL THAT APPLY

- Abnormal weight loss  
Specify cause:
  - anorexia nervosa
  - bulimia nervosa
  - eating disorder NOS
  - cancer of: (specify: \_\_\_\_\_)
  - other: \_\_\_\_\_
- Anorexia Nervosa
- Bulimia Nervosa
- Eating disorder NOS
- CAD
- Cancer (specify: \_\_\_\_\_)
- Crohn's disease NOS
- Celiac disease/gluten intolerance
- Diabetes:
  - Type 1, controlled  Type 1, uncontrolled
  - Type 2, controlled  Type 2, uncontrolled
- Feeding problems
- FTT  FTT newborn  child  adult
- Gastroparesis (non-diabetes)
- HTN NOS
  - benign  malignant

- Hypercholesterolemia
- Hyperlipidemia
- Hypertriglyceridemia
- IBS
- Liver disease: \_\_\_\_\_
  - NASH  cirrhosis  hepatitis
- Malabsorption NOS
- Malnutrition/PCM NOS
- Metabolic syndrome (*dysmetabolic syn x*)
  - Other specified disorder of metabolism
- Pre-diabetes/IGT:
  - impaired glucose tolerance
  - impaired glucose tolerance per GTT
  - other IGT (specify) \_\_\_\_\_
- Obesity
  - morbid obesity
- PCOS
- Renal insuiciency NOS
  - or specific code
- Other diagnosis (specify) \_\_\_\_\_

SUPPORTING DOCUMENTATION SUCH AS RECENT LABS, CHART NOTES, AND MEDICATION LIST MUST ACCOMPANY REFERRAL.

COMMENTS OR SPECIAL INSTRUCTIONS: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Thank you for your referral! After receiving this form we will contact the patient to set up the appointment. Your office will be notified if we are unable to make contact with the patient or the patient refuses services.*