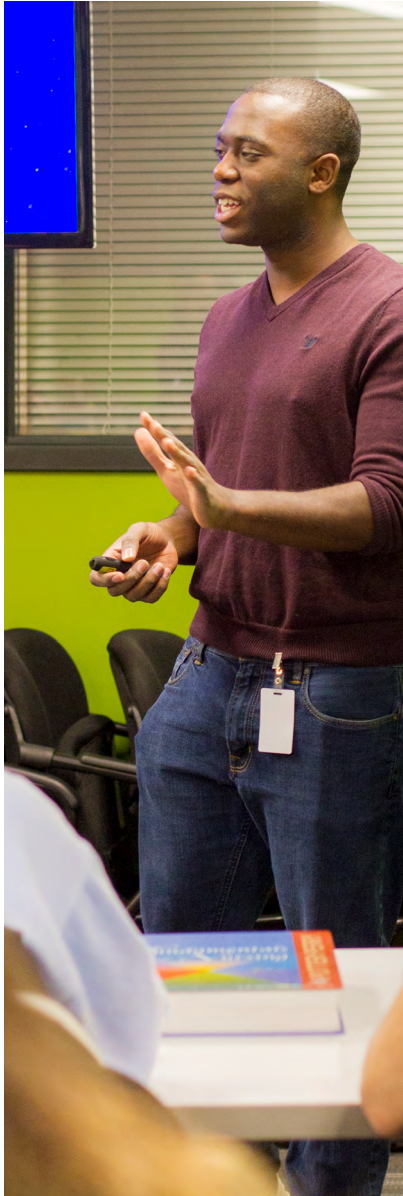


# Community Health Improvement Plan

**2020**





## Our mission

To improve the health and well-being of the people and communities we serve.



## Executive Summary

The Salem Health Community Health Improvement Plan represents the actionable work that Salem Health has prioritized in response to identified community needs. Community needs were identified in a collaborative process facilitated by Marion/Polk County Health Departments. Partners on this work included:

- Behavioral Care Network
- Chemeketa Community College
- Cherriots
- City of Woodburn
- Community Action Agency
- Community Advisory Council
- Early Learning Hub
- Kaiser Permanente
- Legacy Health Silverton
- Marion County Health & Human Services
- Northwest Senior & Disability Services
- Polk County Health Department
- Salem Health
- Santiam Hospital
- Western Oregon University
- Willamette Valley Community Health

**The Community Health Needs Assessment data for 2020 identified three main areas of need in our community:**

1. Housing
2. Mental/Behavioral Health
3. Substance Abuse

The following pages will outline Salem Health's strategies for supporting this work in our community.



## Housing

**Goal:** Increase access to affordable housing.

Strategy	Responsibility Party	Indicators
Active involvement on committees, boards and coalitions around this work	Community Relations	Number of partnerships
Grant funding for access to affordable housing	Community Relations	ROI of investments

### Partners:

- City of Salem
- Redwood Crossing
- Marion County Continuum of Care
- SEDCOR
- Salem Area Chamber of Commerce
- Salem Leadership Foundation
- Marion County Housing
- Marion County Health Advisory Board
- Polk County Health Advisory Board
- UGM
- United Way



## Mental/Behavioral Health

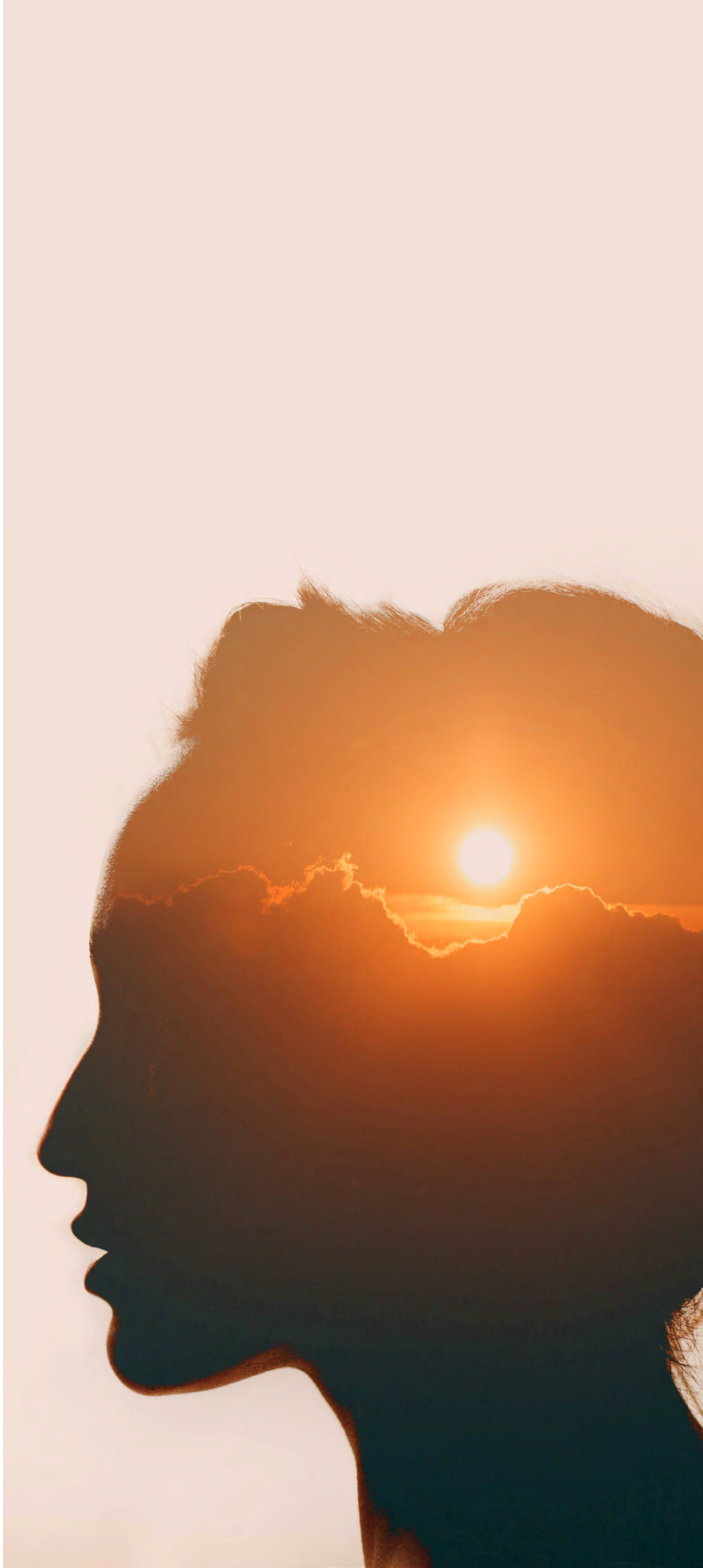
**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to greater than 70% and to decrease suicides in Marion County to meet the Healthy People goal of < 10.2 suicides per 100,000.

Strategy	Responsibility Party	Indicators
Bring resiliency programming (Sources of Strength) into the SKSD	Community Relations	School adoption of programming
Mindfulness classes	CHEC	Number of class participants
Sleep classes	CHEC	Number of class participants
QPR classes	CHEC	Number of class participants
Host iLead youth leadership program	CHEC/Community Relations	Post attendance surveys about education
CHEC interactive tours with stress reduction focus	CHEC	Number of attendees
Outreach Presentations – Stress: Friend or Foe, Mindful Aging, Recess for Adults, Passion for Life, Healthful Harmony, Good Food Good Mood	CHEC	Post attendance surveys about education
Grant funding	Community Relations	Alignment of grants with focus area

### Partners:

- Marion County Health Department
- Salem Keizer School District
- City of Salem
- Abiqua School
- Retirement Facilities
- Center 50+
- Oregon State Legislature
- American Foundation for Suicide Prevention
- Sources of Strength
- Liberty House

- Northwest Family Services
- Northwest Human Services
- Mano a Mano
- Salem Free Clinics
- Marion Polk Food Share
- Marion County Health Advisory Board
- Polk County Health Advisory Board
- CA HOME Youth Services
- iLead
- NAMI
- Sidewalk Talk
- SPD
- Foundation for Suicide Prevention
- MPC Suicide Prevention Coalition





## Substance Abuse

**Goal:** Reduce the proportion of Marion County adults who abuse drugs or alcohol.

Strategy	Responsibility Party	Indicators
Teach about DUIs, substance abuse, Meth addiction prevention in school district	Trauma Nurses Talk Tough	Number of class participants
Freedom from Smoking classes (hospital and community)	CHEC	Quit rates
AA program and Al-Anon Support Groups	CHEC	Number of attendees
Minor in possession classes	CHEC	Number of attendees

### Partners:

- Bridgeway Recovery
- Salem Free Clinics
- Northwest Human Services
- Union Gospel Mission
- Marion County Courts
- Salem Keizer School District
- Marion County Health Department
- Salem Leadership Foundation

