

Salem Health Body Mass Index Chart

| | Sleeve or Lap Bypass range | | | Lap Bypass range | | | Open Gastric Bypass range | | | Not a candidate | | | | | | | | | | | | | |
|-----|----------------------------|-----------|------------|------------------|------|-----------|---------------------------|-----------|-----------|-----------------|-----------|-----------|-----------|-----------|------------|------------|------|-----------|-----------|-----------|-----------|-----------|-----------|
| | 4 ft 8 in | 4 ft 9 in | 4 ft 10 in | 4 ft 11 in | 5 ft | 5 ft 1 in | 5 ft 2 in | 5 ft 3 in | 5 ft 4 in | 5 ft 5 in | 5 ft 6 in | 5 ft 7 in | 5 ft 8 in | 5 ft 9 in | 5 ft 10 in | 5 ft 11 in | 6 ft | 6 ft 1 in | 6 ft 2 in | 6 ft 3 in | 6 ft 4 in | 6 ft 5 in | 6 ft 6 in |
| 155 | 35 | 34 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 22 | 22 | 21 | 20 | 20 | 19 | 19 | 18 | 18 |
| 160 | 36 | 35 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 22 | 22 | 21 | 21 | 20 | 19 | 19 | 18 |
| 165 | 37 | 36 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 22 | 21 | 21 | 20 | 20 | 19 | 18 |
| 170 | 38 | 37 | 36 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 22 | 22 | 21 | 21 | 20 | 20 |
| 175 | 39 | 38 | 37 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 22 | 22 | 21 | 21 | 20 |
| 180 | 40 | 39 | 38 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 22 | 22 | 21 | 21 |
| 185 | 41 | 40 | 39 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 | 24 | 24 | 23 | 23 | 22 | 21 |
| 190 | 43 | 41 | 40 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 26 | 26 | 25 | 24 | 24 | 23 | 23 | 22 |
| 195 | 44 | 42 | 41 | 39 | 38 | 37 | 36 | 35 | 33 | 32 | 31 | 31 | 30 | 29 | 28 | 27 | 26 | 26 | 25 | 24 | 24 | 23 | 23 |
| 200 | 45 | 43 | 42 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 27 | 26 | 26 | 25 | 24 | 24 | 23 |
| 205 | 46 | 44 | 43 | 41 | 40 | 39 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 29 | 28 | 27 | 26 | 26 | 25 | 24 | 24 |
| 210 | 47 | 45 | 44 | 42 | 41 | 40 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 28 | 27 | 26 | 26 | 25 | 24 |
| 215 | 48 | 47 | 45 | 43 | 42 | 41 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 28 | 28 | 27 | 26 | 25 | 25 |
| 220 | 49 | 48 | 46 | 44 | 43 | 42 | 40 | 39 | 38 | 37 | 36 | 34 | 33 | 32 | 32 | 31 | 30 | 29 | 28 | 27 | 27 | 26 | 25 |
| 225 | 50 | 49 | 47 | 45 | 44 | 43 | 41 | 40 | 39 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 31 | 30 | 29 | 28 | 27 | 27 | 26 |
| 230 | 52 | 50 | 48 | 46 | 45 | 43 | 42 | 41 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 30 | 29 | 28 | 27 | 27 |
| 235 | 53 | 51 | 49 | 47 | 46 | 44 | 43 | 42 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 | 29 | 28 | 27 |
| 240 | 54 | 52 | 50 | 48 | 47 | 45 | 44 | 43 | 41 | 40 | 39 | 38 | 36 | 35 | 34 | 33 | 33 | 32 | 31 | 30 | 29 | 28 | 28 |
| 245 | 55 | 53 | 51 | 49 | 48 | 46 | 45 | 43 | 42 | 41 | 40 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 31 | 30 | 29 | 28 |
| 250 | 56 | 54 | 52 | 50 | 49 | 47 | 46 | 44 | 43 | 42 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 30 | 29 |
| 255 | 57 | 55 | 53 | 51 | 50 | 48 | 47 | 45 | 44 | 42 | 41 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 |
| 260 | 58 | 56 | 54 | 53 | 51 | 49 | 48 | 46 | 45 | 43 | 42 | 41 | 40 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 32 | 31 | 30 |
| 265 | 59 | 57 | 55 | 54 | 52 | 50 | 48 | 47 | 45 | 44 | 43 | 42 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 31 |
| 270 | 61 | 58 | 56 | 55 | 53 | 51 | 49 | 48 | 46 | 45 | 44 | 42 | 41 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 |
| 275 | 62 | 60 | 57 | 56 | 54 | 52 | 50 | 49 | 47 | 46 | 44 | 43 | 42 | 41 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 33 | 32 |
| 280 | 63 | 61 | 59 | 57 | 55 | 53 | 51 | 50 | 48 | 47 | 45 | 44 | 43 | 41 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 |
| 285 | 64 | 62 | 60 | 58 | 56 | 54 | 52 | 50 | 49 | 47 | 46 | 45 | 43 | 42 | 41 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 |
| 290 | 65 | 63 | 61 | 59 | 57 | 55 | 53 | 51 | 50 | 48 | 47 | 45 | 44 | 43 | 42 | 40 | 39 | 38 | 37 | 36 | 35 | 34 | 34 |
| 295 | 66 | 64 | 62 | 60 | 58 | 56 | 54 | 52 | 51 | 49 | 48 | 46 | 45 | 44 | 42 | 41 | 40 | 39 | 38 | 37 | 36 | 35 | 34 |
| 300 | 67 | 65 | 63 | 61 | 59 | 57 | 55 | 53 | 51 | 50 | 48 | 47 | 46 | 44 | 43 | 42 | 41 | 40 | 39 | 37 | 37 | 36 | 35 |
| 305 | 68 | 66 | 64 | 62 | 60 | 58 | 56 | 54 | 52 | 51 | 49 | 48 | 46 | 45 | 44 | 43 | 41 | 40 | 39 | 38 | 37 | 36 | 35 |
| 310 | 69 | 67 | 65 | 63 | 61 | 59 | 57 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 44 | 43 | 42 | 41 | 40 | 39 | 38 | 37 | 36 |
| 315 | 71 | 68 | 66 | 64 | 62 | 60 | 58 | 56 | 54 | 52 | 51 | 49 | 48 | 47 | 45 | 44 | 43 | 42 | 40 | 39 | 38 | 37 | 36 |
| 320 | 72 | 69 | 67 | 65 | 62 | 60 | 59 | 57 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 45 | 43 | 42 | 41 | 40 | 39 | 38 | 37 |
| 325 | 73 | 70 | 68 | 66 | 63 | 61 | 59 | 58 | 56 | 54 | 52 | 51 | 49 | 48 | 47 | 45 | 44 | 43 | 42 | 41 | 40 | 39 | 38 |
| 330 | 74 | 71 | 69 | 67 | 64 | 62 | 60 | 58 | 57 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 45 | 44 | 42 | 41 | 40 | 39 | 38 |
| 335 | 75 | 72 | 70 | 68 | 65 | 63 | 61 | 59 | 57 | 56 | 54 | 52 | 51 | 49 | 48 | 47 | 45 | 44 | 43 | 42 | 41 | 40 | 39 |
| 340 | 76 | 74 | 71 | 69 | 66 | 64 | 62 | 60 | 58 | 57 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 45 | 44 | 42 | 41 | 40 | 39 |
| 345 | 77 | 75 | 72 | 70 | 67 | 65 | 63 | 61 | 59 | 57 | 56 | 54 | 52 | 51 | 49 | 48 | 47 | 46 | 44 | 43 | 42 | 41 | 40 |
| 350 | 78 | 76 | 73 | 71 | 68 | 66 | 64 | 62 | 60 | 58 | 56 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 45 | 44 | 43 | 41 | 40 |
| 355 | 80 | 77 | 74 | 72 | 69 | 67 | 65 | 63 | 61 | 59 | 57 | 56 | 54 | 52 | 51 | 50 | 48 | 47 | 46 | 44 | 43 | 42 | 41 |
| 360 | 81 | 78 | 75 | 73 | 70 | 68 | 66 | 64 | 62 | 60 | 58 | 56 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 45 | 44 | 43 | 42 |
| 365 | 82 | 79 | 76 | 74 | 71 | 69 | 67 | 65 | 63 | 61 | 59 | 57 | 55 | 54 | 52 | 51 | 49 | 48 | 47 | 46 | 44 | 43 | 42 |
| 370 | 83 | 80 | 77 | 75 | 72 | 70 | 68 | 66 | 64 | 62 | 60 | 58 | 56 | 55 | 53 | 52 | 50 | 49 | 48 | 46 | 45 | 44 | 43 |
| 375 | 84 | 81 | 78 | 76 | 73 | 71 | 69 | 66 | 64 | 62 | 61 | 59 | 57 | 55 | 54 | 52 | 51 | 49 | 48 | 47 | 46 | 44 | 43 |
| 380 | 85 | 82 | 79 | 77 | 74 | 72 | 69 | 67 | 65 | 63 | 61 | 60 | 58 | 56 | 55 | 53 | 52 | 50 | 49 | 47 | 46 | 45 | 44 |
| 385 | 86 | 83 | 80 | 78 | 75 | 73 | 70 | 68 | 66 | 64 | 62 | 60 | 59 | 57 | 55 | 54 | 52 | 51 | 49 | 48 | 47 | 46 | 44 |
| 390 | 87 | 84 | 82 | 79 | 76 | 74 | 71 | 69 | 67 | 65 | 63 | 61 | 59 | 58 | 56 | 54 | 53 | 51 | 50 | 49 | 47 | 46 | 45 |
| 395 | 89 | 85 | 83 | 80 | 77 | 75 | 72 | 70 | 68 | 66 | 64 | 62 | 60 | 58 | 57 | 55 | 54 | 52 | 51 | 49 | 48 | 47 | 46 |
| 400 | 90 | 87 | 84 | 81 | 78 | 76 | 73 | 71 | 69 | 67 | 65 | 63 | 61 | 59 | 57 | 56 | 54 | 53 | 51 | 50 | 49 | 47 | 46 |
| 405 | 91 | 88 | 85 | 82 | 79 | 77 | 74 | 72 | 70 | 67 | 65 | 63 | 62 | 60 | 58 | 56 | 55 | 53 | 52 | 51 | 49 | 48 | 47 |
| 410 | 92 | 89 | 86 | 83 | 80 | 77 | 75 | 73 | 70 | 68 | 66 | 64 | 62 | 61 | 59 | 57 | 56 | 54 | 53 | 51 | 50 | 49 | 47 |
| 415 | 93 | 90 | 87 | 84 | 81 | 78 | 76 | 74 | 71 | 69 | 67 | 65 | 63 | 61 | 60 | 58 | 56 | 55 | 53 | 52 | 51 | 49 | 48 |
| 420 | 94 | 91 | 88 | 85 | 82 | 79 | 77 | 74 | 72 | 70 | 68 | 66 | 64 | 62 | 60 | 59 | 57 | 55 | 54 | 52 | 51 | 50 | 49 |
| 425 | 95 | 92 | 89 | 86 | 83 | 80 | 78 | 75 | 73 | 71 | 69 | 67 | 65 | 63 | 61 | 59 | 58 | 56 | 55 | 53 | 52 | 50 | 49 |
| 430 | 96 | 93 | 90 | 87 | 84 | 81 | 79 | 76 | 74 | 72 | 69 | 67 | 65 | 63 | 62 | 60 | 58 | 57 | 55 | 54 | 52 | 51 | 50 |
| 435 | 98 | 94 | 91 | 88 | 85 | 82 | 80 | 77 | 75 | 72 | 70 | 68 | 66 | 64 | 62 | 61 | 59 | 57 | 56 | 54 | 53 | 52 | 50 |
| 440 | 99 | 95 | 92 | 89 | 86 | 83 | 80 | 78 | 76 | 73 | 71 | 69 | 67 | 65 | 63 | 61 | 60 | 58 | 56 | 55 | 54 | 52 | 51 |
| 445 | 100 | 96 | 93 | 90 | 87 | 84 | 81 | 79 | 76 | 74 | 72 | 70 | 68 | 66 | 64 | 62 | 60 | 59 | 57 | 56 | 54 | 53 | 51 |
| 450 | 101 | 97 | 94 | 91 | 88 | 85 | 82 | 80 | 77 | 75 | 73 | 70 | 68 | 66 | 65 | 63 | 61 | 59 | 58 | 56 | 55 | 53 | 52 |
| 455 | 102 | 98 | 95 | 92 | 89 | 86 | 83 | 81 | 78 | 76 | 73 | 71 | 69 | 67 | 65 | 63 | 62 | 60 | 58 | 57 | 55 | 54 | 53 |
| 460 | 103 | 100 | 96 | 93 | 90 | 87 | 84 | 81 | 79 | 77 | 74 | 72 | 70 | 68 | 66 | 64 | 62 | 61 | 59 | 57 | 56 | 55 | 53 |
| 465 | 104 | 101 | 97 | 94 | 91 | 88 | 85 | 82 | 80 | 77 | 75 | 73 | 71 | 69 | 67 | 65 | 63 | 61 | 60 | 58 | 57 | 55 | 54 |
| 470 | 105 | 102 | 98 | 95 | 92 | 89 | 86 | 83 | 81 | 78 | 76 | 74 | 71 | 69 | 67 | 66 | 64 | 62 | 60 | 59 | 57 | 56 | 54 |
| 475 | 106 | 103 | 99 | 96 | 93 | 90 | 87 | 84 | 82 | 79 | 77 | 74 | 72 | 70 | 68 | 66 | 64 | 63 | 61 | 59 | 58 | 56 | 55 |
| 480 | 108 | 104 | 100 | 97 | 94 | 91 | 88 | 85 | 82 | 80 | 77 | 75 | 73 | 71 | 69 | 67 | 65 | 63 | 62 | 60 | 58 | 57 | 55 |
| 485 | 109 | 105 | 101 | 98 | 95 | 92 | 89 | 86 | 83 | 81 | 78 | 76 | 74 | 72 | 70 | 68 | 66 | 64 | 62 | 61 | 59 | 58 | 56 |
| 490 | 110 | 106 | 102 | 99 | 96 | 93 | 90 | 87 | 84 | 82 | 79 | 77 | 74 | 72 | 70 | 68 | 66 | 65 | 63 | 61 | 60 | 58 | 57 |
| 495 | 111 | 107 | 103 | 100 | 97 | 94 | 91 | 88 | 85 | 82 | 80 | 78 | 75</ | | | | | | | | | | |